

ECHO Program

The Educating Communities for Healthy Outcomes (ECHO) project is a two year initiative serving Martin, Dubois, Daviess, Jackson, and Orange Counties in order to reduce teen pregnancy rates. Through ECHO, HCET, in collaboration with Hoosier Uplands, will provide high school teens with an evidence-based curriculum program called LifeSkills Training. This program addresses risk and protective factors for teen pregnancy, including substance use, healthy relationships, family communication, emotion regulation, decision-making skills, media influences, and positive health. Additionally, we will be connecting with guardians to provide supplemental parenting educational materials.

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